

# Heartburn Clinic Procedure Instructions

Hold **ASPIRIN** and **IBUPROFEN** (including: Excedrin, Motrin, Aleve, Advil) and any products containing Aspirin or Ibuprofen, for 5 days before the procedure.

## Medication Restrictions

- SEVEN DAYS** before the procedure **DO NOT** take any **Proton Pump Inhibitors**

*PRILOSEC (Omeprazole)	*PREVACID (Lansoprazole)
*DEXILANT (Dexlansoprazole)	*PROTONIX (Pantoprazole)
*NEXIUM (Esomeprazole)	*ACIPHEX (Rabprazole)

- TWO DAYS (48 hours)** before the procedure **DO NOT** take any **H2 Blockers**

*ZANTAC (Ranitidine)	*PEPCID (Famotidine)
*TAGAMET	*AXID (Nizatidine)

- ONE DAY (24 hours)** before the procedure **DO NOT** take any **ANTACIDS**

*ALKA-SETZER	*GAVISCON
*MAALOX	*MILK OF MAGNESIA
*MYLANTA	*TUMS
*RIOPAN	*OR ANY OTHER ANTACIDS*

**\*\*DO NOT NEED TO STOP CARAFATE BEFORE PROCEDURE\*\***

**\*\*DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT (including: candy, gum, mints or WATER)\*\***

**\*\*FOLLOWING THESE INSTRUCTIONS IS VERY IMPORTANT: IF YOU DO NOT STOP THESE MEDICATIONS, YOUR PROCEDURE WILL HAVE TO BE CANCELLED AND RESCHEDULED\*\***

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SIGNATURE

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DATE