

Expanding the Behavioral Health Expertise *You and Your Patients Trust*

Transcranial Magnetic Stimulation Therapy at OhioHealth

OhioHealth offers an FDA approved non-drug treatment, TMS Therapy at OhioHealth as a new behavioral health outpatient service for major depressive disorder for those who have not benefited from medication therapy.

What is TMS?

TMS uses highly focused magnetic pulses to stimulate the areas of the brain involved in mood regulation. Research suggests that TMS causes neurons to become active, leading to the release of neurotransmitters, therefore relieving symptoms of depression. Each treatment involves gentle placement of the magnetic coil against the patient's head.

TMS is proven effective with minimal side effects

In clinical trials, one in two patients suffering with depression improved significantly, and one in three patients were completely free of depression symptoms after six weeks of treatment. [1]

TMS utilizes a technology similar to Magnetic Resonance Imaging (MRI) that has a long-term record of safety. It's free of most side effects typically experienced with antidepressant medications, with the most common side effects reported as mild to moderate pain or discomfort at or near the treatment area. [1]



LET US HELP!

To refer a patient for TMS Therapy, please call (614) 566.3388.

[1] Demitrack MA, Thase, ME. Clinical significance of transcranial magnetic stimulation (TMS) in the treatment of pharmacoresistant depression. Synthesis of recent data. *Psychopharm Bull.* 2009, 42(2): 5-38.



Transcranial Magnetic Stimulation Therapy

AT OHIOHEALTH

TMS can fit into your patient's life

- + The treatment requires no anesthesia and no recovery period
- + A session is complete in as little as 30 to 45 minutes
- + Patients will receive treatment five days a week for approximately six-to-eight weeks
- + Because patients are awake and alert during treatment, they are able to resume normal activities upon leaving their session

Who benefits from TMS?

TMS is indicated for adult patients being treated for Major Depressive Disorder who have not responded to anti-depressant medication. It is not indicated for Bipolar Disorder, or other psychiatric disorders at this time. The therapy has been shown beneficial for patients experiencing postpartum depression, and though not yet approved, early indicators show TMS may be a valuable treatment option during pregnancy.

Referring patients to TMS

All referrals should be made through the TMS Coordinator, by calling **(614) 566.3388**, or faxing **(614) 566.6970**. Patients can self-refer by calling, or requesting that their provider fax their contact information. Appropriate referrals will be scheduled for a consultation with the TMS physician.

Payment information

TMS is currently covered by most insurance companies for appropriate candidates. We will submit a request to your insurance once you have been seen by the TMS doctor and found to be a good candidate for this treatment. Medicare does not require a pre-authorization. Medicaid (Molina, Caresource, etc.) is also covering the treatment when certain criteria are met. For lower income patients, financial aid is also available, and payment plans can be set up for out-of-pocket expenses.

LET US HELP!

For more information on additional OhioHealth Behavioral Health services, including inpatient care, partial hospitalization program, intensive outpatient program, transitional medication services and outpatient consultation services, visit [OhioHealth.com/BehavioralHealth](https://www.ohiohealth.com/BehavioralHealth)

TMS Therapy is offered at
**OhioHealth Behavioral Health
Outpatient Services**

3820 Olentangy River Road
Columbus, Ohio 43214