



Osteopathic Recognition

This track is for the resident who wants to gain proficiency in the use of Osteopathic Manipulative Treatment (OMT) and Osteopathic Principles and Practice (OPP) for patients of all ages. Our Osteopathic teaching physicians will teach compassionate, evidence-based, high-quality, and cost-effective Osteopathic medical care in a longitudinal three-year curriculum.

Lectures and hands-on sessions teach Osteopathic philosophy, anatomy, and Osteopathic manipulation techniques to reinforce the appropriate use of Osteopathic Medicine in the outpatient setting. Teaching goals and objectives include the identification of key anatomical landmarks, diagnosis of somatic dysfunction, and comprehensive treatment plans for the care of our patients. The lecture format consists of case-based learning, active discussion, and “hands-on treatment” sessions for our resident physicians. Lecture goals and objectives are focused on using OMT to enhance patient care and to provide an opportunity for continuing education in Osteopathic Medicine. Topics are geared to be clinically relevant to common issues in primary care offices. In collaboration with OUHCOM Dublin Campus, our lectures will be held twice monthly in a state of the art Osteopathic Lab that gives residents a chance to teach and learn with OUHCOM students.

Diagnosis and Treatment Lectures:

- + Introduction to Osteopathic Medicine
- + Cervical Spine
- + Thoracic Spine
- + Rib Dysfunction
- + Lumbar Spine
- + Hip Restrictors
- + Sacrum and Pelvis

Community Labs:

- + Find it, Fix it

Clinically Oriented OMT:

- + Frozen Shoulder
- + Plagiocephaly and Torticollis in newborns and infants
- + Headaches and Sinusitis
- + Upper Crossed Syndrome
- + Hip Pain in Runners (snapping hip, hip stabilizers)
- + Upper Extremity (pronator syndrome, medial/lateral epicondylitis)

Specific Allopathic Focused Curriculum
for MD residents

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Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (614) 566.3256.

繁體中文 (Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (614) 566.3256。

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