

HPM Fellowship Program Details and Curriculum

OhioHealth's Hospice and Palliative Medicine Fellowship Program is designed to create clinically competent, socially aware physicians. The focus of HPM is creating the **BEST POSSIBLE QUALITY OF LIFE FOR OUR PATIENTS AND THEIR FAMILIES!** Or, as is often stressed in our program, ***"IT'S ALL ABOUT LIFE!"***

Clinical Rotation Locations:

Inpatient Palliative Care – opportunities to work with palliative consult team, seeing diverse patient populations including Oncology, ICU care, COVID-19 patients, COPD, Neurocritical care patients, and Trauma

Inpatient Hospice – provide care to patients in an inpatient hospice providing various levels of care from respite, general inpatient care, to continuous end of life care

Home Hospice – provide direct clinical care to patients and families in their home environment

Outpatient Palliative Care – provide direct patient care in various outpatient settings including long-term care facilities, the OSU Wexner Medical Center Outpatient Palliative Clinic, and The Center for Symptom Management

Inpatient Pediatric Palliative Care – work with the Nationwide Children's Hospital palliative team to learn the differences in providing palliative care to pediatric patients and their families.

Long-Term Care – care for senior patients/families across spectrum of care settings (independent living, assisted living, post-acute rehabilitation, and long-term care) with Central Ohio Geriatrics

Weekly Didactics & Education

We offer a robust educational program, provided by the faculty of OhioHealth, OSU Wexner Medical Center and Nationwide Children's Hospital.

Education Topics include:

Boot Camp – intensive month-long orientation with all the HPM Fellows from OhioHealth, OSU Wexner Medical Center and Nationwide Children's Hospital to immerse the fellows in primary HPM topics prior to independent patient care.

Case Conference and Journal Club

Chemical Dependency and Substance Abuse

Communication Skills – participate in Vital Talks education

Ethics

Leadership Training

Pain and Symptom Management – several education sessions focused on pharmacokinetics of pain and other symptom management (nausea & vomiting, anxiety, constipation, etc.), understanding and determining the different types of pain as well as the concept of total pain, proper medication use/dosing, and management of pain and other recurring symptoms.

Patient Spirituality – education related to the five major religions and how they influence patient customs and their healthcare decisions

Prognostication Series – learn how to effectively communicate prognosis to patients and families and what tools are available to assist

Self-Care and Resilience – helping families with end of life care is complex. Provide education and skills to build your resilience and make sure you create a routine for daily self-care. A resiliency retreat is also part of the academic year.

We offer a variety of other topics in addition to those highlighted above during the course of the fellowship year.